



UPDATE ON THE APA TASK FORCE TO ADDRESS STRUCTURAL RACISM THROUGHOUT PSYCHIATRY

JULY 2020 - NOVEMBER 2020

Task Force Members



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Charge of the Task Force

- Providing education and resources on APA's and psychiatry's history regarding structural racism;
- Explaining the current impact of structural racism on the mental health of our patients and colleagues;
- Developing achievable and actionable recommendations for change to eliminate structural racism in the APA and psychiatry;
- Providing reports with specific recommendations for achievable actions to the APA Board of Trustees

The Task Force is initially focused on anti-Black racism.

APA Administration Currenting Assisting Task Force



Ongoing Task Force Activities

Established Task Force Workgroup Structure

- └ Definitions Workgroup
- └ Resource Workgroup
- └ Board of Trustees Workgroup
- └ Components Workgroup
- └ Assembly Workgroup
- └ Clearinghouse Workgroup
- └ Town Hall Workgroup
- └ APA/APAF Fellows Workgroup

Completed Work

Website Resource – psychiatry.org/TaskForce

- Over 30,235 pageviews since inception this summer
- Curated recommended reading list and educational content
- Definitions / Glossary of Terms approved by APA Board of Trustees shared on site

Surveys

- Three mini surveys issued to engage membership and guide Task Force work
- 1,782 total responses from all surveys
- Common theme identified in surveys was for APA to look within the organization to address Structural Racism
- Three primary Task Force Workgroups focused on APA Assembly, Components, and BOT

Completed Work

Educational Town Halls

- First two Town Halls in June and August had total of 934 attendees

Recommendations identified by the Assembly Workgroup were presented by Task Force to the APA Board of Trustees in October

- 8 separate actions were approved by the Board of Trustees
- Details available in the “Task Force Reports” section of [psychiatry.org/TaskForce](https://www.psychiatry.org/TaskForce)

Completed Work

Task Force Overview/Update Presentations have been made and feedback received from:

- APA Councils
- APA Committees
- Area 4, Michigan District Branch

Additionally:

- Task Force Presentations were made at the Utah, Missouri, Kentucky, North Dakota, Virginia, Ohio District Branches and Area 4 as a part of their Anti-Racism Programs/Activities

Example Ongoing Activities

Task Force Member Danielle Hairston, M.D. - Presentation on Historically Black Colleges and Universities (HBCUs)

- A video on HBCUs is in progress
- Presentation on HBCUs and Medical Education to Area 4

Assembly Area 1 Council - Recommended Changes at Council Meetings To Address Racism

- Report available on [psychiatry.org/TaskForce](https://www.psychiatry.org/TaskForce)

New York County Psychiatric Society – monthly webinar series

- *Dismantling Racism: Building Anti-Racist Psychiatrists*

Example Ongoing Activities

APA Council on Children, Adolescents, and Their Families developing Resource Document: *How Psychiatrists Can Talk With Patients and Their Families About Race & Racism*

- Provides psychiatrists with tools to speak with patients about race in a sensitive and professional manner
- Uses case examples and clinical vignettes
- Promotes increased understanding of the impact of race and racism on patients' lives with a goal of decreasing bias and enhancing the therapeutic relationship

Council on Children, Adolescents and Their Families



•**Members:** Gabrielle Shapiro, M.D. – Chair; Balkozar Adam, M.D.; Steven Adelsheim, M.D.; Oscar Buckstein, M.D.; Mark Chenven, M.D.; Caitlin Costello, M.D.; Rana Elmagrahby, M.D.; Lisa Fortuna, M.D.; Tresha Gibbs, M.D.; Mary Ann Schaepper, M.D. (ASM); Shawn Siddhu, M.D.; Anish Dube, M.D.; Lisa Cullins, M.D. – AACAP; Suzan Song, M.D.; Elissa Benedeck, M.D.; Warren Ng, M.D.

•**Fellows:** Janet Baek, M.D.; Cesar Cardenas, Jr., M.D.; Brenda Cartujano Barrera, M.D.; Matthew Fadus, M.D.; Latoya Folov, M.D., M.P.H.; Stephanie Garayalde, M.D.; Rakin Hoq, M.D.; Faisal Kagadkar, M.D.; Asha Martin, M.D.; Brandon Newsome, M.D.; Omar Sahak, M.D.; Rahul Vasireddy, M.D.; Jordan Wong, M.D.



Save the Date!

Future Town Halls planned by the Task Force

Town Hall #4 – Focused on Growing a Diverse Workforce

February 8, 2021

8:00 p.m. - 9:30 p.m. ET

Town Hall #5 – Annual Review of Task Force Activities

May 2021 at the Virtual Annual Meeting

Day & Time TBD

Provide Feedback!

Your feedback and suggestions are welcomed by the Task Force

Email: ***SRTaskForce@psych.org***